

A man with short dark hair and glasses, wearing a pink long-sleeved shirt, is shown from the side, looking at a smartphone. The phone screen displays a video call with a male doctor in a white lab coat and stethoscope. The background is a bright window with a dark frame.

THE DOCTOR WILL SEE YOU
NOW.

See a physician for urgent health concerns by video visit—wherever you need.

Register at **kp.org** today to schedule a video visit.



KAISER PERMANENTE

WHY BOOK A VIDEO VISIT WITH KAISER PERMANENTE?

If you're short on time but have a health matter that needs attention, you can see a doctor face to face, without visiting the office. Video visits are easy, secure, and part of your coordinated care, so you can always get the care you need.



\$0

There is no copay or coinsurance to pay or a deductible to meet. And no need to pay a sitter, take time off work, or pay for gas, parking, or cab or train fares.

SAVE TIME.

Why travel across town? See your doctor from anywhere you can connect from a mobile device—your home, your office, the gym, classroom, even your car. Get care on your terms—you're in control.

BOOK ONLINE.

You can make video visit appointments online 24/7 from your computer or mobile device. Just choose a time that works best for you and be sure to register at kp.org.

Of course, you can also call our appointment line.

THE DOCTOR IS IN.

For health matters that need urgent attention, you can have a video visit with an emergency medicine doctor from just about anywhere. You can also have video visits with your personal physician during office hours.



IT'S BETTER.

Most other video services charge a fee for the doctor's time. And their doctors can't see your medical record, so you need to provide information about your health history, medications, and allergies. There's also no connection between the doctor in the visit and your personal doctor—and you're on your own to make follow-up appointments and arrange for care.

IT'S ALL CONNECTED.

And you are, too. Your video visit is an extension of the care you receive at Kaiser Permanente, which means you, the doctor, and other caregivers are connected through your electronic health record.

FOLLOW-UP CARE IS EASY.

During your video visit, the doctor can make follow-up appointments, order lab tests, prescribe medicine, and schedule an Urgent Care visit for you, where your information will be waiting when you arrive. The doctor can even remind you of preventive health checks that you need—all if you receive care in Kaiser Permanente facilities.

GET CARE FOR JUST ABOUT ANYTHING.

Video visits are for certain conditions such as:

- Follow-up visits
- Minor burns/sunburn
- Cuts and wounds
- Bug bites
- Medication questions
- Sinus problems
- Skin rash or infection
- Eye problems
- Shingles
- Sprains and injuries
- Flu
- Sore throat
- Nausea/vomiting/diarrhea
- Backaches
- Joint problems

More conditions may be approved by the treating physician.



DETAILS.

Video visits are available to Kaiser Permanente members at least 18 years old who have a camera-equipped computer or mobile device. You must be present in Maryland, Virginia, or Washington, DC, for visits with your primary care physician. For urgent video visits with an emergency doctor, you may also be present in West Virginia, Florida, North Carolina, or Pennsylvania. Registration at kp.org is required for video visits.

To book an appointment online, you must be registered at kp.org. If you're experiencing a medical emergency, call 911 or go to the nearest emergency room.



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