



# NEED MORE? GET MORE.

## Cigna Dental Oral Health Integration Program®

Get the dental services you need for your medical condition. Enroll in the Cigna Dental Oral Health Integration Program today.

### What is the Cigna Dental Oral Health Integration Program?

It's a program that reimburses out-of-pocket costs for specific dental services used to treat gum disease and tooth decay. The program is for people with certain medical conditions that have been found to be associated with gum disease and cavities. There's no additional cost for the program – if you qualify, you get reimbursed!\*

### Do I qualify?

If you have a Cigna dental plan, you're eligible for the program. You do NOT have to be enrolled in a Cigna medical plan to be eligible for this program. You must currently be under treatment by a doctor for any of the following conditions:

- › Heart disease
- › Stroke
- › Diabetes
- › Maternity
- › Chronic kidney disease
- › Organ transplants
- › Head and neck cancer radiation

### How does it work?

When you visit your dentist, you will pay your usual out-of-pocket costs (deductible, copay or coinsurance amount). As a reminder, your copay is the fixed amount you pay for covered services, and your coinsurance is the percentage of costs you pay for covered services. Next, your dentist will send Cigna a claim. We review the claim and will refund your out-of-pocket costs for eligible dental services. Once we receive your claim, you can expect to be reimbursed in about 30 days. You must enroll in this program prior to receiving treatment to be eligible for reimbursement.

### What else does the Oral Health Integration Program include?

When you join the program, you get discounts on prescribed mouthwashes, fluoride gels, and toothpastes from your dentist through Cigna Home Delivery Pharmacy\*\* who will help you get these items sent right to your home.

You can ask us for information on issues that affect your oral health and your overall wellness – such as fear of going to the dentist. Or the impact of stress or tobacco products. We'll also give you guidance on how to overcome these behaviors.

**Together, all the way.®**



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, or their affiliates.

## What dental services are covered under the Cigna Dental Oral Health Integration Program?

Check the chart below to see which dental services are covered for each qualifying medical condition.

Medical Conditions (check mark indicates covered dental service<sup>1)</sup>)

Dental Services	Heart Disease	Stroke	Diabetes	Maternity	Chronic Kidney Disease	Organ Transplants	Head and neck cancer radiation
Periodontal Treatment & Maintenance (D4341, D4342, D4910 <sup>2)</sup> )	✓	✓	✓	✓	✓	✓	✓
Periodontal Evaluation (D0180)				✓			
Oral Evaluation (D0120 <sup>3</sup> , D0140 <sup>3</sup> , D0150 <sup>3</sup> )				✓			
Cleaning (D1110 <sup>4</sup> )				✓			
Scaling in the presence of inflammation – Full Mouth (D4346 <sup>4</sup> )				✓			
Emergency Palliative Treatment (D9110 <sup>5</sup> )				✓			
Topical application of fluoride & Topical application of fluoride varnish (D1206 <sup>6</sup> )					✓	✓	✓
Topical application of fluoride – excluding varnish (D1208 <sup>6</sup> )					✓	✓	✓
Sealants (D1351 <sup>6</sup> )					✓	✓	✓
Sealant Repair – per tooth (D1353 <sup>6</sup> )					✓	✓	✓

1. Eligibility, reimbursement and coverage for eligible services are subject to plan year maximums.
2. Four times per year subject to plan guidelines.
3. One additional evaluation.

4. One additional cleaning.
5. No limitations.
6. Age limits removed, all other limitations (including frequency limitations) apply.

### What are Periodontal Treatment and Maintenance?

Periodontal treatment and maintenance are not the same as prophylaxis or "regular cleaning." Periodontal treatment (or "scaling and root planing") consists of "deep cleaning" which involves parts of your teeth below the "gumline." During scaling and root planing, the dentist may numb the area of your mouth that s/he is working on. Periodontal maintenance is a follow-up procedure involving removal of plaque and calculus (tartar) above and below the gumline along with scaling and root planing in areas where needed.

To learn more call us 24/7/365 at [800.Cigna24].

### How do I enroll?

1. You must fill out the online registration form found on **myCigna.com**. You can also call the number on the back of your ID card to have an enrollment form sent to you. You only need to complete the form one time per qualifying condition.
2. Once you're logged in on **myCigna.com**, click "Review my Coverage" then select "Dental" from the drop down menu. Next, from the "Related Links" section on the right side of the page, select "Cigna Dental Oral Health Integration Program Registration Form." Fill out the form and click "Submit".
3. Visit your dentist and pay your usual out-of-pocket cost for the covered service. We'll send your reimbursement.

\* If your dental plan includes a deductible, you do not have to meet your deductible to be eligible for reimbursement. All reimbursements apply to and are subject to any plan calendar year maximum.

\*\* Pharmacy discounts are available through Cigna Home Delivery Pharmacy only. **This is a discount and is NOT insurance.** This discount is separate from your dental benefits and you are required to pay the entire discounted charge. You should check any insurance or other benefits you have before using these discounts, as those benefits may result in lower costs to you.

The Cigna Dental Oral Health Integration Program may not be available under your specific plan. Reimbursement under this program is subject to plan terms and conditions, including applicable calendar year maximums and exclusions and limitations. For costs and details of coverage, contact your Cigna representative or see your plan documents.

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