



THE RELIABLE SOURCE

Keeping Employees Informed

April, 2017 | Volume 15, Issue 2

What's New:

Bull Roast Photos: Thank you to everyone who attended our Annual Award Ceremony and Bull Roast on Sunday, April 9th. Your presence made it that much more special. The photos from the event are now available for viewing online. You can also download, share via social media or order prints. Go to <http://dougsanfordphotographs.zenfolio.com/reliablecontracting2017>. The password needed to download the prints is Awards2017.

New Faces: Please welcome the following new or returning employees to our team: Kyle Beall, Rodney Burwick, John Magness Jr., Brian Marston, Robert Nunnenkamp Jr., William Parks, Elain Phillips, and Joseph A. Volz.

Reminder: New employees are eligible to elect benefits on their 90th day of employment. We offer health, dental and vision benefits as well as 401k and more...if you are nearing your 90th day please contact Beth Thompson in HR for your benefits packet.

Happy Birthday to our March and April babies:

March: Scott Adams, Derrick Allen, Thomas Beamer, Kenneth Bitner, Stephen Clemons, Penelope Close, DeAndre Davis, Wayne Dillon, Ed Imbrogulio, Marvin James, John Johnson, Bobby Keller, William Lawrence, Brian Lien, Ed McNeal, Joseph Michael, Eric Milholland, Lazarus Moore, Michael Nelson, Terron Oliver, Justin Pearson, Jesse Pence, Tom Peterson, Herbert Poole, Tom Porter, Cathy Rowan, Bryan Scrivener, Raymon Sexton, Mike Sturdevant, Lance Suggs, Joseph Thomas, Calvin White, George White, David Williams, and Dennis Williams.

April: Kevin Alderman, Lamar Brookshire, Edward Cadle, Michael Cooper Jr., Francisco, Cruz Chavez, Earl Day, Ivory Duckett, Anselmo Herrera-Guerrero, William Hobbs Jr., Joel Itneyer, Earl Johnson, Frederick Leyland, Cameron Maul, William Milholland, Luis Nolasco, Donato Saavedra, Jenna Shellhammer, Glenn Spencer, Dwayne Stevens, Thomas Supercynski, Joseph Sutphin, Mark Tolliver, Stephen Trise, Tiburcio Umanzor, Oseas Valle, Marvin White, and Edgar Wood.

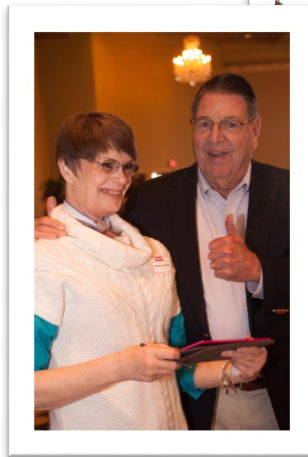
We love sharing good news. Please contact HR@ReliableContracting.com to inform us of a happy event in your life such as new baby, wedding nuptials or anniversaries, etc.

In this issue:

Remembering our Friends, page 2

Take Your Best Shot: New Photo Contest.
See details on the back cover.

Our Next Walking Competition kicks off soon. See page 3.



Welcome baby Thomas Gary Stuart! The new Mister Stuart was born on February 17th. He weighed at birth 9 lbs and was 20 3/4" long. Thomas Stuart 2nd and Kimberly Lambert are the proud parents.




Saying Goodbye

Winters are usually hard to get through, but this winter was particularly hard on the Reliable family. On February 22, we lost Milton McLean, a.k.a. Shortman, at the age of 74. Milt was just starting his 41st year as a truck driver for Reliable. Milt would have been receiving his last diamond in his Reliable anniversary ring at our award ceremony. Instead, his wife, Judy, accepted Milt's ring on his behalf.



From left: Benny Tasker, Milton McLean and Nelson Allen.

On March 12th, we lost another well-known employee, Harry Meiser. Harry passed at the age of 59. Harry worked in the Grading Division as a traffic control manager since 2010. Harry's wife, Lori, was also able to join us for our April 9th ceremony. Harry was recognized as the 2012 Employee of the Year for the Grading Division at our 2013 Award Ceremony, pictured right.



From left: Billy Carr, John T. Baldwin Jr., Harry Meiser, Meade Baldwin Sr., and Jay Baldwin.

Both men, known for their kind spirits and warm personalities, leave behind coworkers who will forever miss them and a work ethic to be admired. Our hearts and prayers go out to their families.

TOUR THE US SPORTS VENUES

Are you ready? Registration is open for the Reliable Contracting wellness activity to start walking your way to better health!

Join our walking challenge, “**Sports Venues across the U.S.**” where there is something for everyone. Track your steps each day and log in to WalkerTracker.com—where you will visit Major League Baseball stadiums, followed by NFL stadiums, toss in a golf course or two, a horse race track and even some NASCAR just to name a few. No matter what you’re a fan of, you will get to **virtually** visit and learn about all types of sports.

Register at <https://reliablecontracting.walkertracker.com> Registration will be open to Reliable Employees to walk on their own or invite 1 person to join you and register to walk the virtual map as well. (Registered walkers must be 18 or older).

The 6 week challenge kicks off on **Monday, April 24th** and will run until June 4th. There will be a chance to win fun prizes for those who keep up with the Reliable pacer truck (rolling along at 7,000 steps per day) and a grand prize will be announced...

The first 100 employee participants who walk at least 200,000 steps by the end of the challenge will be able to “wrap themselves in wellness” with a **PLUSH RELIABLE BLANKET!**

Website Features: stay up to date on the go with the Walker Tracker app or simply login to the website. You can track your steps using a wireless device (such as Fitbit, jawbone, etc.), your smartphone (using Apple Health, Google Fit, or the Moves app), or any other pedometer you’d like. You can convert your other activities (such as swimming, biking, climbing) into steps also! Reliable has a limited number of pedometers available so if you need one, or have any questions, please call Beth Thompson at 410-987-0313 ext 6320.

(Please consult with your physician before starting any new exercise regimen)

Registration is limited so sign up soon! Go team/horse/progolfer/car, go!





Photo Contest

Reliable is launching a monthly photo contest running from April 2017 through April 2018.

The Winners Receive:

- ☆ *Monthly 1st Place* - \$75 Amazon Gift Card
- ☆ *Monthly 2nd Place* - \$25 Amazon Gift Card
- ☆ *Best Picture of the Year* – 50" Flat Screen TV

Contest Rules:

- All employees are eligible to participate in the contest.
- All photos must adhere to Reliable's Safety standards.
- Photo Resolution (8x11 calendar) – 1275 x 1650 pixels.
- *iPhone and other equivalent smart phone photos are acceptable.
- Landscape orientation (horizontal) & Uncropped Pictures only .

- Each employee can only submit one photo per month.
- Each photo will be considered one time only - Do not submit the same picture more than once.
- All photos are due by the end of the Month to be considered for that monthly contest. Photos received after the end of the month will be judged in the following month.
- **Submit Photo with: Your name, the location, the job, and the work performed.**
- Submit photos to Chrissy Masters – **cmasters@reliablecontracting.com**, or tag the photo to Reliable Contracting' **Facebook page**.

Winner Selection

Monthly: Photos will approved by the Safety and HR staff first. The approved photographs will then be printed with just a number for identification and presented to the Executive Committee to decide the monthly winners. The monthly winners will be announced in the Employee Newsletter.

Annual: The 12 – 1st Place monthly photographs will be presented at the 2018 Bull Roast to be voted on by employees.

**Sending iPhone photos directly from phone: clicking a photo and sharing to email automatically resizes photos to 800x600. To avoid this follow these steps: go to photos, select individual photo, click "copy", exit screen, open email, "paste" into new email. Full resolution will send.*

**Submission of photographs gives all rights to Reliable Contracting Co., Inc. and affiliated companies to be used for marketing purposes in print and internet publications, etc.*

**Remember: Safety First!
Do not risk your health or life for the contest. Be aware of your surroundings while taking the photograph.**

Contacting Reliable

For more information on any of these articles or for any personnel needs, call the Corporate Office or stop by the Employee Assistance Desk or Main Lobby.

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